



HERBAL PEELING SOAP



INGREDIENTS

- 600 g olive oil
- 400 g coconut oil
- 300 g rapeseed oil
- 150 g sunflower oil
- 100 g castor oil
- 500 g wild herbs tea
- one teaspoon of dried herbs
- 35 g essential oil

PREPARATION STEPS

- pour the castor oil over the chopped herbs and let it steep for at least one hour, preferably overnight
- prepare the lye from the cold herbal tea and NaOH and let it cool
- melt the hard fats. Then add the olive sunflower, and rapeseed oils to the melted fat mixture, which should be between 35° and 40° Celsius
- carefully pour in the lye while stirring slowly
- thicken using an immersion blender and a mixing spoon. Then add the herbal castor oil mixture
- if using essential oils (20 g lavender essential oil, 10 g lemon essential oil, 5 g cedarwood oil) add them now as well
- pour into the prepared pan, cover with plastic wrap and insulate
- after 24 hours, or as soon as the soap mixture has cooled, move it from the mold and cut it. and let it mature and dry for 4 to 6 weeks

