



LIP CARE

INGREDIENT LIST

dried herb mix (e.g. chamomile, yarrow, calendula, lavedner, eucalyptus)

100 g Olive oil

10-20 g beeswax

PREPARATION STEPS

How to Prepare Herbal Infused Oil:

1. Add dried herbs into a clean glass jar.
2. Pour a carrier oil (like olive or almond oil) over the herbs until fully covered.
3. Seal the jar and place it in a warm, sunny spot for 2–3 weeks, shaking it gently every few days.
4. Alternatively, use a double boiler to gently heat the mixture for 1–2 hours on very low heat.
5. Once infused, strain the oil through a fine sieve or cheesecloth to remove the plant material.
6. Store the infused oil in a clean, airtight container in a cool, dark place.

How to Prepare Lip Balm:

1. First, strain the infused oil using a fine sieve to remove the herbs.
2. Prepare a water bath (double boiler).
3. Once the water is hot, place the strained herb oil and 10–20 g of beeswax into a heatproof bowl over the bath.
4. Gently heat and stir until the beeswax is completely melted.
5. Pour the liquid into small containers while still warm.
6. Let it cool and harden completely before use.

